



Hemi-Sync Support for Journeys Out of the Body

By Monroe Products

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Hemi-Sync Support for Journeys Out of the Body By Monroe Products

The out-of-body-experience (OBE) is a state in which one's consciousness appears to depart the physical body allowing perception by means other than those of the physical senses. *Hemi-Sync® Support for Journeys Out of the Body* is an in-home training series designed to provide Hemi-Sync® audio-guidance to those who desire to achieve this state. With practice, one can be brought up to the borderland sleep state, and through it, to experience the out-of-body state with full conscious awareness. *The OBE phenomenon is discussed in great detail in Robert A. Monroe's undisputed classic, Journeys Out of the Body* (Doubleday, 1971). This book is highly recommended to complement the Guidance Manual and six exercises included. 6 CDs

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Editorial Review

About the Author

Monroe Product's binaural beat CDs can help you experience enhanced mental, physical, and emotional states.

Robert Monroe's work inspired an entire industry of mind/brain products. After 50 years of research, and thousands of lab sessions, the internationally acclaimed patented Hemi-Sync® process remains unparalleled in its ability to assist us in harnessing our human potential.

Thanks to the cooperation of notable medical institutions and universities, the scientifically and clinically proven Hemi-Sync® technology continues to be the focus of a variety of specialized research projects. In addition, many therapists, physicians, educators, and other professionals use Hemi-Sync® extensively.

Such research is indispensable in revealing the influence of specific Hemi-Sync® sound patterns on consciousness. Over the years, these efforts have resulted in the development of scores of individual products for specific applications such as focused attention, stress management, meditation, sleep enhancement, and pain management, to name a few.

Users Review

From reader reviews:

Charles Wright:

Have you spare time for any day? What do you do when you have a lot more or little spare time? Yeah, you can choose the suitable activity regarding spend your time. Any person spent their particular spare time to take a move, shopping, or went to often the Mall. How about open or read a book called Hemi-Sync Support for Journeys Out of the Body? Maybe it is for being best activity for you. You understand beside you can spend your time with your favorite's book, you can better than before. Do you agree with it has the opinion or you have various other opinion?

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Randi Adams:

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